Wayne County Area Agency on Aging

February 2019 Issue 103

News For All Seasons

2018 SENIOR TAX ASSISTANCE SCHEDULED at the Honesdale and Hamlin Senior Centers

The Wayne County Area Agency on Aging announces the schedule for the annual Tax Assistance Program. The AARP Foundation Tax Aide volunteers will again assist Wayne County's Senior Citizens and low to moderate income taxpayers with 2018 **Federal and State** tax returns. There is no charge for these services performed by well-trained volunteer tax counselors.

We can offer this service only for "simple tax returns." We are unable to assist in the filing of long or complex returns. You must bring to your appointment - any and all information about income and expenses. This includes a copy of last year's tax returns and all tax information you have received in order to file your 2018 tax returns. This includes your Social Security 1099's, wage and earnings statements (W-2), pensions, IRA's, interests, and dividends information. Homeowners should bring 2018 county/city and school tax statements. If you sold your home in 2018 bring all supporting paperwork pertaining to the sale and 1099-S if you received one.

PLEASE BRING ANY INFORMATION ABOUT:

- 1- ANY ECONOMIC RECOVERY YOU RECEIVED
- 2- NEW HOME YOU BOUGHT
- 3- ENERGY SAVINGS ITEMS SUCH AS NEW WINDOWS, INSULATION, NEW ROOF, NEW HEATING SYSTEM, AND APPLIANCES
- 4- OUT OF POCKET MEDICAL EXPENSES INCLUDING MILEAGE TO DOCTORS & HEALTH FACILITIES.

Volunteers are limited so advance reservations are required. See Page 5 for more information about scheduling an appointment.

PA FIRSTS

First American High School
PENNSYLVANIA SYMBOLS
State Fish Brook Trout



Monday Tuesday Wednesday Thursday Friday Cold 2/1 Happy February! Milk Pork Cutlets with Gravv Served Whipped Sweet Potatoes With Green Beans Almondine Groundhog Meals !! Banana Muffin Loaf Strawberry/Banana/ Pineapple Cup HB: Strawberry/ Pineapple Cup 2/4 2/6 2/7 2/8/19 2/5Vegetable Soup with WG The Sloppy Joe Chinese New Year Fill your bowl beef stew Basil lemon chicken Goldfish Crackers Celebration thighs Sweet Potato French Spring Mix A WW Pita Pocket Potato & Cheese Asian Noodle Soup Fries **Shredded Carrots** stuffed with tuna salad Pierogis in butter and Wild Wax Beans Chicken Stir Fry with Cucumber slices (rind on) Beds of romaine onions Mushrooms Snow Peas Chilled Peaches LF Salad Dressing and Red Pepper Strips Garden sweet peas **Tomato Slices** HB: Luscious lima Beans Sautéed cabbage Farro Carrot Salad Warm, garlic Bread Baby Bok Choy sautéed Chilled Peaches Beaming Bananas And of course, chunky in garlic and ginger HB: applesauce Pineapple Chunks A haddock patty on a wg A fortune Cookie (I'll pretzel roll tell you mine if you tell Roasted Carrots me yours) **Blistery Beets** Citrus Orange Slices 2/11 2/12 2/13 2/14 2/15Potato Encrusted Swiss steak Ham & potato Casserole Enjoy Beefy Tater Tot Pollock Fluffy Whipped Potatoes **Blistery Beets** this lunch with someone Casserole Roasted Carrots with the skins Blueberry Whole Grain you love! Cute & cuddly Spring Mix Roasted Red Grilled Asparagus Muffin chicken legs w/ **Shredded Carrots** heartwarming gravy Bosco Cheese Filled **Potatoes** Beaming Bananas Cucumber slices (rind Sweeter than pie potatoes Breadstick WG Roll with Butter HB: Hawaiian Pineapple Lip Locked lima beans Chunky Fruit Cocktail Chunks Low Fat Salad Dressing Adoring apricots Cupid's Crescent rolls HB: Roasted cauliflower Mushy mango WG Roll with butter Forever favorite cherry Cantaloupe Slice topped cheesecake with HB: Mandarin orange dollops of whipped cream sections 2/18 2/19 2/20 2/21 2/22 Creamy tomato soup Open faced roast beef Sweet and Lasagna in a meat sauce with fresh basil sandwich on wg bread Center & Office-Sour pork Warm garlic bread LS Ham and LS Smooth gravy closed Cantonese Side of marinara sauce Cheese on a WG Roasted Carrots WG brown Rice Spring mix Croissant **Garden Sweet Peas Oriental Vegetables Shredded Carrots** Broccoli Salad Presidents' Day Warm, chunky Grilled Cucumber slices (rind **HB: Roasted Broccoli** applesauce w/cinnamon asparagus Capri Veggies Chunks of Low fat dressing California Raisins HB: Roasted Broccoli **Pineapple** President's Day Cherry Fresh pears Pie w/a dollop of HB: Chilled Pear whipped cream Chunks 2/25 2/28 2/26 2/27 Salmon in a honey Sheperd's Pie Chicken smothered in Chicken rancher mustard sauce mushrooms Sautéed cabbage Red potatoes, baked Baked sweet potato Rye bread and butter Orzo with Peas Broccoli Casserole Dilled green beans **Booming Brussel** Adoring apricots WG Roll with butter sprouts WG Roll w/ Butter Beaming bananas **Butternut squash** Chunky fruit cocktail

Giggling green grapes **HB:** Chilled peaches

HB: Chilled pears

EVERYDAY AT THE HONESDALE CENTER

CAREGIVER'S SUPPORT GROUP - WEDNESDAY, FEBRUARY 13 at 1:30

Monday
10:30 Bridge
1:00 Crafts
12-2 Advanced
Class
Line Dancing
2-4 Beginning /
Intermediate Line
Dancing

Tuesday
10:30 Exercise
1:00–4:00
Pinochle

Wednesday
10:30 Exercise
11:00 Tai Chi
1:00 Art Class
1:00 Bingo
1:00 Mah Jong
1:30-2:30 Jazz
Dance

Thursday 10:00 Games 1:00 Cards 3:00-4:00 Jazz Dance

XOXO

Friday
10:30 Exercise
1-2:30
Shuffleboard
1:00 Pool
1-2:30 Rummikub
1-3 Memoir
Writing Group
(1st & 3rd)

EVERYDAY AT THE HAWLEY CENTER

Monday
8-3 Cards &
Games
8-3 Gym
Equipment
10:30 – 11:30
Exercise
11:30 - 3 Mah
Jong

Tuesday
8-3 Cards &
Games
8-3 Gym
Equipment
10-12 Crafts
1 - 2 Bingo

Wednesday
8-3 Cards &
Games
8-3 Gym
Equipment
10-12 Crafts
10:30 – 11:30
Exercise
10-1:30 Ceramics
Class
1-2 Tai Chi
5:30 – 8:30 Mah
Jong

Thursday
8-3 Cards &
Games
8-3 Gym
Equipment
1:00 Bingo
11 – 2:30 Card
Club

Friday
8-3 Cards &
Games
8-3 Gym
Equipment
10:30 – 11:30
Exercise



EVERYDAY AT THE HAMLIN CENTER

Monday Cards & Games 8:00-12 Pinochle 10:00 Chair yoga Tuesday
Cards &
Games
10:30 Tai Chi
1:00 Bingo

Wednesday
Cards & Games
10:00 Exercise
7 pm-9 pm Square
Dancing

Thursday
Cards & Games
10:00 Exercise
1:00 Zumba Gold

Friday
Cards & Games
10:00 Bingo
1:00 Hamlin
Jinglers
Choral Group
Practice



HAWLEY NEWS

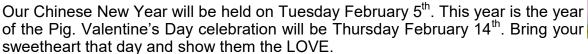
Let's start out this newsletter by saying 2019 will be a better year than 2018. And we're starting on the right foot, cold weather not much snow and everyone coming back to the centers feeling better. Whatever sickness is out there it sure grabs a hold of you and doesn't let go. We had a nice New Years Eve gathering, we song Auld Lang Syne, had

noise makers ate snacks and wished everyone a Happy, Healthy New Year.

All of us at The Hawley Senior Center would like to wish Andrea Whyte the best on her new adventures and Happy Retirement. You have served your county well and now it is your time to enjoy all that life has to offer.

On January 15th at 11am we had the pleasure of having Herb and Ruth Roman here. Herb put on a magic act for us; what a great show! Maybe next time we can have him do more tricks for us. It was nice to see old friends and talk about old times, having the same job in common and working for the same agency.

We have organ music on Tuesday's and Thursday's starting at 11am and sing-along at 11:30. Please plan your schedule accordingly. We had our first sing-along and everyone had a really good time.





Presidents' Day will be celebrated with music by Andy Anderson on Tuesday February 19th. We'll have a good lunch followed by a slice of delicious Cherry Pie. Did George Washington really chop down the Cherry Tree? Also for the beginning of March we will be celebrating Mardi Gras on Tuesday March 5th. I'm looking forward to seeing you here. Look over all the bus trips that are going on this year (below) and get your reservation in early to guarantee your seat on the bus. Tax time is beginning in Febru-

ary so keep an eye out for dates, times and locations and set your appointment up through

Honesdale at 570-253-4262.

Our February Birthdays are: Brenda Nonnemacher, Joanne Wiley, Raymond Johnson, Andy Carroll, Frank Pierce, Mike O'Connor, Robert Nurnberger, Christina Peirano, Carol Carroll, Kathryn Showers, Bernard Launay, Chad Mania, Liz McGonigal and Paul Bonczek. Have a wonderful Birthday.

Since I was able to get a head start on bus trips this year, here is a list of our trips for 2019. This way you can mark your calendars and plan ahead...

- ⇒ Wednesday, March 13: Mohegan Sun Casino \$22 per person
- ⇒ Thursday, April 11: Hotel Anthracite Polish Festival \$60
- ⇒ Wednesday, May 8: Bethel Woods & Resorts World Casino \$35
- ⇒ Tuesday, June 18: Mt. Airy Casino Beach Boys Tribute \$55
- ⇒ Thursday, August 1: Corning Museum of Glass \$54
- ⇒ Monday Thursday, September 23 26: Cape May NJ \$550 per person double occupancy
- ⇒ Wednesday, October 2: Penn's Peak Neil Diamond Tribute \$68
- ⇒ Sunday & Monday, October 13 & 14: Adams County Apple Festival & Gettysburg \$???
- ⇒ Thursday, November 13: Mohegan Sun Casino \$22

If you need more details the flyers are at the centers or you can call me (570-630-2385) and leave a message and I will call you back. There was not enough interest in Alaska so that trip is off our list.

Hope to see you on the bus! Debbie



TAX Appointments are necessary; no walk-ins please.

Volunteers are limited so advance reservations are required. Call the Wayne County Area Agency on Aging at (570) 253-4262 to schedule an appointment.

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When calling for an appointment, please be sure to let us know if you are filing for federal and state taxes or just state and rebate.

Taxes

Dates for the Honesdale Senior Center, Earl J. Simons Center, 323 10th Street, Honesdale, PA 18431 are as follows: 9:00 a.m. – 1:30 p.m.

February:

March:

APRIL

Thursday February 7th

Thursday March 7th

Thursday A

Thursday, February 7th

Thursday, March 7th

Thursday, April 4th

Thursday, February 14th

Thursday, March 14th

Thursday, April 11th

Thursday, February 21st Thursday, March 21st Thursday, February 28th Thursday, March 28th

If Wayne Highlands School District is closed, snow date is the following day at the same time.

Dates for the Hamlin Senior Center, Salem Township Building, 15 Township Bldg. Rd, Route 590 Hamlin, PA 18427 are as follows: 9:00 a.m. – 1:30 p.m.

February: March: April

Monday, February 4th Monday, March 4th Monday, April 1st Monday, February 11th Monday, March 11th Monday, April 8th

Tuesday, February 19th Monday, March 18th Monday, February 25th Monday, March 25th

If Wayne Highlands School District is closed, snow date is the following day at the same time.

If you must cancel your appointment, please call the Wayne County Area Agency on Aging at least 24 hours in advance or as soon as possible.

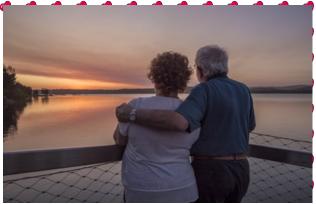
AGAIN - MAKE SURE YOUR BRING

- Photo ID and Social Security card
- Copy of 2017 tax return
- **2018 tax information (Forms: W-2, 1099, etc)**
- 2018 Health Care Coverage Information

Tax Assistance will be cancelled if <u>Wayne Highlands School District</u> is closed due to inclement weather. Your appointment is automatically moved to the next day at the same time. Please watch your local and Scranton TV stations or listen to radio stations 95.3 or Y105 for cancellation information.

Ageless Love

Ageism is a factor inhibiting romance. In general, our society seems more comfortable thinking that older people simply do not have sex or simply are not interested in anything but bingo and playing bridge. So, even for long-term married couples, public displays of intimacy and open discussion of intimacy are not always comfortable. And, sadly, some seniors also hold this ageist view and this can present a self-imposed obstacle.



What We Know About of Elderly Romance

Research shows us that for one thing, we don't know that much about sex and the elderly! In one study, only 22 percent of women and 38 percent of men had discussed sex with a doctor since age 50. And until recently, this was not a big area of interest for researchers. With the booming population of seniors, more are looking into it.

Findings we do have suggest that most of us will continue to have sex well into our 80's and that the number one reason for not engaging is simply a lack of a partner – especially for women. Another reason is health status.

We also have some evidence to suggest that the more often we engage in sex, the more likely we are to live longer. While it could be that healthier people are more likely to do both things, having a partner and having sex can release endorphins and other hormones that help us feel better, reduce pain, and ease anxiety. Loneliness is a big predictor of health problems like depression, high blood pressure, and heart disease. People who are lonely are more likely to be pessimistic about the future and more likely to lead to needing long-term care. And, lonely people are more likely to engage in unhealthy behaviors like overeating or not exercising.

Easing Loneliness

Many people will urge a <u>lonely elder</u> to "get out more." But what does that mean? Often, the same things that help younger people engage socially are the same things that would work for seniors. For example, volunteering time toward a cause can have you meeting others, taking a class, working out in a gym, or joining a club. While this is no guarantee of finding a romantic relationship, it will at least get a person more engaged and increase the odds of meeting someone in his or her peer group.

Many lonely elders will enter into an assisted living situation in order to find a group of peers; if this is not possible, seeking out a senior center can offer daily or weekly <u>activities</u>. This is a common move after the death of a spouse. Extra support is needed after the death of a spouse and family and friends may need to make an effort to extend themselves and make themselves available to a <u>recently widowed person</u>.

Some problems are simply caused by a lack of transportation. For rural seniors, finding a way into town can be a real barrier to meeting others or engaging in activities.

Lastly, we need to address the ageism that can also be a barrier for seniors who think they cannot pursue a relationship due to age. We need to change our view of seniors in general to include anticipating the full range of human activity is possible and desirable for all.

The full article may be obtained online by the link shown below.

https://www.sageminder.com/Caregiving/Relationships/ElderlyRomance.aspx

Submitted by: Becky Klepadlo

HAMLIN FEBRUARY UPCOMING EVENTS

CHAIR YOGA - Mondays, February 4, 11, 25 at 10:00 AM TAI CHI - Tuesdays, February 5, 12, 19, 26 at 10:30 AM HEALTHY STEPS - Wednesdays & Thursdays at 10:00 AM

ZUMBA GOLD VIDEO - Thursdays, 1:00 PM

VETERAN'S COMMUNITY PROJECT – Kim Klein – Veteran's Letter Outreach Friday, February 1st at 11:00 AM

CHINESE NEW YEAR - Tuesday, Chinese Food and Chinese calendar fun.

BIRTHDAY BASH - Friday, February 8th after lunch

VALENTINES SOCIAL – Thursday, February $14^{\rm th}$. Entertainment by Andy Anderson at 11:00 AM. Wear Red and White Day.

MOVIE MATINEE – Friday, February 15th – Comedy – Enjoy popcorn and soda **CENTER CLOSED** – Monday, February 18th – In observance of President's Day **MARYANN & ANN'S CRAFT CORNOR** – Jewelry Making, Tuesday, February 19th at 10:00 AM

HAMLIN JINGLERS CHORAL GROUP - Thursday, February 22nd chorus practice resumes preparing for Spring Community Nursing Home Visits.

HAMLIN FEBRUARY BIRTHDAYS

Ray Naholnick	Feb 1	Sue Good	Feb 13
Dolores Garvin	Feb 2	Rita Fitzgerald	Feb 14
Dante Giammarco	Feb 5	Lois Batzel	Feb 16
Jean Kulesza	Feb 5	Steve Rudowsky	Feb 16
Bill Fisher	Feb 6	Paul Fels	Feb 18
Millie Fauci	Feb 8	Janice Chamberlain	1 Feb 21
Jean Dole	Feb 11	George Miller	Feb 22
	1 A 1 A 1		



January Birthday Bash

We celebrated the January birthdays with Marie Barton who turned 92 and Marie Laskowsky who turned 91! We decided the other three are still babes!



Back Row Left to Right: Celeste Robinson, Robert

Warsh, Kathy Miller

Front Row: Marie Barton, Marie Laskowsky

A Craft For "The Birds"





This month's craft focused on taking care of our beautiful feathered critters during this upcoming cold stretch. Bird-seed, unflavored gelatin and cookie cutters do a lot in providing a delicious treat for our outdoor friends.

NORTHERN WAYNE NEWS

On January 3rd, 2019, we ushered in the New Year with a party.

Our next meeting will be February 7.

The lunch menu is tunafish on a pita, carrot salad and fresh fruit for dessert.

Join us for a Valentine's Day party and "feel the luv!"



Please call Marie at 570-253-5540 for reservations.

It is far better to be alone, than to be in bad company.



Tresidents Day



New Years Eve Celebration for the Seniors 12/27/2018 (pictured above and next page)

Send off for Yvonne (pictured right)

Happy Birthday to Kathy (pictured below)

Nelsa has been doing a great job as an RSVP volunteer, sorting our greeting cards (pictured bottom right)











HONESDALE NEWS

Chinese New Year – February 5 – The Year of the Pig

Please help celebrate Chinese New Year, also known as the Spring Festival in modern China, on February 5, 2019. A Chinese meal and special Asian treats will be served. Call Kathy at 570-253-5540 to make reservations.

Valentine's Party - February 14

Celebrate all things "love" on this day, romantic or platonic. Fun fact—people send 144 million cards on Valentine's Day! Please call Kathy to make reservations @ 570-253-5540.

Craft Group Meets - February 25

Please call Suzanne at 570-253-5540 if you plan to attend to make a St. Patrick's Day craft. No cost to attend or for supplies.

MindMatters Video Lecture Series

The Pennsylvania Department of Aging offers a video lecture series called *MindMatters*. Programs delivered by academic lecturers on a wide range of topics ranging from history to gardening, current events and politics, culture and science. The average length of each video is 30 minutes. Please call Suzanne at 570-253-5540 for a list of topics and/or to arrange a showing.

Lending Library

The center has a wide range of fiction and nonfiction books and audiobooks, movies on DVD or VHS, magazines and puzzles to share. Come check out the large selection available.

Beating the Winter Blues

What better way to beat the winter blues than community with others. The center offers coffee, tea, and a sweet treat each morning at 10:00 AM. Check the Honesdale center calendar to see what the daily schedule of events is and come on down!

Birthdays

The first Friday of every month is Birthday Friday—come celebrate during your birth month!

Mahjong Group

Curious about this ancient tiles game? Experienced and beginners welcome. The group meets every Wednesday at 1:00 p.m.



Attention

We provide a variety of services to many Wayne County residents such as Home Delivered Meals, Care Management and Transportation. One thing all of these services have in common:

we come out to your home.

Be aware that your family dog(s) may not welcome our visits and may view any arrival as a threat.

Please be sure to have your dog confined in a way that will keep our staff safe when visiting your home and property.



RSVP of Pike, Wayne & Berks Counties* Volunteer Opportunities



Home-Delivered Meals Drivers Senior Center Kitchen Help Appointment Companion

APPRISE

Medicare Counselors

American Red Cross

Blood Donor Ambassador, Pillowcase Project, Recruitment

For more information on these or other opportunities, please call Dawn Houghtaling, RSVP Coordinator at 570-390-4540 or email houghtalingd@diakon.org

*RSVP is funded by the Corporation for National and Community Service and managed by Diakon Community Services.



		_	_	
			2 🔛 🦪	1) Soup of the day
ÇALa (Carte 2			BLT sandwich
4) Soup of the day	5) Soup of the day	6) Soup of the day	7) Soup of the day	8)
Turkey and cheese with lettuce and tomato sandwich	Mandarin Cranber- ry salad	Bacon cheeseburger w chips	Quiche	Pizza
11) Soup of the day	12)	13) Soup of the day	14)	15) Soup of the day
Chicken quesadilla	Ham Supreme on a pretzel roll	Tuna melt	Rueben Sandwich	Pizza
18) Closed	19) Tomato soup	20) Soup of the day	21) Soup of the day	22)
PRESIDENTS * D A Y *	Grilled Cheese sandwich	Grilled chicken, let- tuce, tomato on a pretzel roll		Chicken & dumplings Hot dogs available upon request
25) Soup of the day	26) Soup of the day	27) Soup of the day	28) Chicken parmesan	
Chicken patty w lettuce & tomato on bun with chips	Hot ham & cheese on a croissant with tater tots	Roasted red potatoes topped with bacon & cheese	with garlic bread	

Staff at Wayne County AAA & Seniors from Senior Center— Wear Blue on Friday, January 11th to help raise awareness of domestic Human Trafficking.

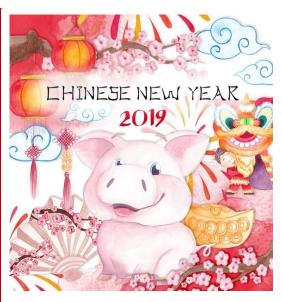


VOLUNTEERS NEEDED FOR THE OMBUDSMAN PROGRAM

Volunteer Ombudsman are community neighbors who are specially trained to help clarify responsibilities and rights of consumers in long term living facilities. If you are available for a few hours a month, over 18 years of age, concerned about the rights of nursing home and assisted living/personal care home residents and interested in making a difference in the lives of long-term living residents, then you may be perfect for the Volunteer Ombudsman Program.

For more information, please contact: Ombudsman Linda Korgeski by phone at 570-344-7190 or send email to lcombudsman@epix.net

Type of Pig	Characteristics	
Wood Pig (1935, 1995)	Good-natured, lovely, easy-going, generous, brave but irritable	
Fire Pig (1947, 2007)	Ambitious, persevering, but impatient	
Earth Pig (1959, 2019)	Communicative, popular among their friends, with a strong sense of time keeping	
Gold Pig (1971, 2031)	Broad-minded, amicable, and willing to help others	
Water Pig (1923, 1983)	Gentle, modest, earnest, responsible, but subjective in life	



Polish Festival at the Hotel Anthracite



Carbondale, PA Thursday, April 11, 2019 \$60.00 per person



Polka the day away with *The Polka Punch* Band at the newly renovated Hotel Anthracite in Carbondale. Your day includes a family style Polish Luncheon, music and dancing, a Pirogi Tossing contest, transportation, driver's tip and a whole lot of FUN!!!

Call Marie at 570-253-5540 or Debbie at 570-630-2385 to reserve your seat on the bus.

Depart: Arrive Home:

Hamlin Center @ 9:15am Hamlin @5:30pm Hawley Center @ 9:45am Hawley @5:00pm Honesdale McDonald's @10:15am Honesdale @4:30pm

*Money needs to be in by Monday, April 1st.

*Make checks payable to: Wayne County Aging *Cancellation Policy: Money refunded only if your seat can be filled. After April 1st no refunds for any reason.

The Woodstock Museum

at Bethel Woods Center for the Arts & **Resorts World Catskills**



Wednesday, May 8, 2019 \$35.00 per person

いないないないないないないないないないないないないないない Take a step into our time machine and travel back to "Woodstock and the Sixties." August 2019 will be the 50th anniversary of the famous concert that changed our world. Relive the music, the tie-dye t-shirts and the love.

After our guided tour we will head to the new Resorts World Casino for lunch and gaming. Included in our day: Woodstock guided tour, \$20 slot play, \$10 food voucher, transportation and driver's tip. We leave for home at 5:30pm.

Call Marie at 570-253-5540 or Debbie at 570-630-2385

to reserve your space in the time machine.

Depart:

Arrive Home:

Hamlin Center @ 8am

Hamlin Center @ 7:30pm

Hawley Center @ 8:30am

Hawley @ 7pm Honesdale @ 6:30pm

Honesdale McDonald's @ 9am *Please have your money in by Wednesday, April 17, 2019.

*Cancellation Policy: Money refunded only if your seat can be filled.

After April 17th money will not be refunded for any reason. *Make checks payable to: Wayne County Aging. *Remember to bring your picture I.D.

Mohegan Sun Casino Wednesday, March 13, 2019 Snow date is Thursday, March 14th \$22.00 per person

Price includes: \$25 free slot play, \$5 food voucher, bus transportation, & driver's tip. Depart the casino at 3:00pm

Sign up with Marie at 253-5540 or Debbie at 570-630-2385

Depart:

Honesdale McDonald's @ 8:00am Hawley Senior Center @ 8:30am Hamlin Senior Center @ 9:00am Return Home: Honesdale @ 5:00pm Hawley @ 4:30pm Hamlin @ 4:00pm

*Money needs to be in by Monday, March 4^{th} . *Make checks payable to: Wayne County Aging. *Cancellation Policy: Your money refunded only if your seat can be filled. No refunds after March 4^{th} for any reason. *Remember to bring your picture I.D.'s.

LET'S MAKE ARRANGEMENTS

Debby Pollak returns with four still life workshops.

Begin the new year with a focus on drawing and painting from still life.

We will make arrangements out of a wide variety of every day
objects, in an effort to see them in totally new ways. We will look at still
lives made by artists throughout history & make our own using a variety
of drawing materials and paints. Join the workshops—make art about
apples, pears, shoes, flowers, hammers, lamps, chairs, cups and
saucers and more!

WEDNESDAYS, JANUARY 23, FEBRUARY 27, MARCH 27, AND APRIL 24 FROM 5:00 TO 6:30

Each workshop is stand alone. Do one or all four. There is \$5.00 fee for each workshop to help defer cost of supplies.

TOURING THE WORLD WITH FOOD

Culinary Book Club begins February 13, 2019 at 5:00 meeting every other month on the second Wednesday of the month......Food tastings, book discussions, try different cuisines, share recipes, fun.



FEBRUARY 13 — Honolulu, Hawaii. Bring your grass skirt for the



How high can a kangaroo jump?



Oct 9-

June 12— Bangkok, Thailand What is Wat Arun?



August 14— Cairo, Egypt What is the largest pyramid in Egypt

called?

Lisbon, Portugal Lisbon is famous for its traditional style music called Fado (soulful, melancholy tone.)



December 11— Paris, France When was Eiffel Tower built?

Contact Elizabeth at 570-253-1220 or ewilson@waynelibraries.org to register.



PENNSYLVANIA LIBRARIES



1406 Main Street Honesdale, PA 18431 570~253~1220 www.waynelibraries.org Connecting our community Honesdale Center Earl J. Simons Center 323 10th Street, Honesdale, PA 18431 570-253-4262/570-253-9115 fax end of 10th St. across from Stone Jail

Hamlin Center Salem Township Building, 15 Township Bld. Rd, Route 590 Hamlin, PA 18427 570-689-3766 // 570-689-5002 fax Route 191 South to Hamlin 4 corners turn right onto 590 West, go 1/2 mile turn right after UPS Sign Hawley Center Robert J. Drake Senior Community Center 337 Park Place, Bingham Park Hawley, PA 18428 570-226-4209 // 570-226-3422 fax Route 6 to Hawley, past ball field across from Mayor's office, just before bridge, left onto Park St

Northern Wayne satellite @ Northern Wayne Fire Company, 1663 Crosstown Highway, Lakewood, PA 18439 570-798-2335 (fire co) Meetings March-October - 1st & 3rd Thursday; Meetings November-February—1st Thursday only

Waymart satellite @ St. Mary's Rectory at 242 Carbondale Road, Waymart. Meetings 1st & 3rd Thursday. Call Kimber Best 570-766-1916.

Transportation 323 10th Street, Honesdale, PA 18431; 8:00 am-4:00 pm www.waynecountypa.gov go to "human services" click on "transportation" 570-253-4280; out of 253 exchange 1-800-662-0780

Wayne County Veterans Affairs Representative: 314 10th Street, Honesdale: Walk-In Fridays or for appointment call 570-253-5970, ext 3114

Production Coordinator: Kathy Robbins

Menu Coordinator: Joanne Pesota

Editor: Kathleen Chicoski kchicoski@waynecountypa.gov





570-253-4262 570-253-9115 fax

Elder Abuse/Protective

Services: 800-648-9620



PLEASE NOTE CHANGES

Wavne County Veterans Affairs Representative:

314 10th Street, Honesdale:

The Wayne County Veterans Affairs Office will now be working on an appointment based system.

They will do walk-ins on Fridays OR call 570-253-5970 ext 3114 to schedule an appointment.

The Wayne County Adult Day Service is open Monday – Friday. To contact the center please call: 570-390-7388 in Hawley . Fax 570-390-4564